



NOVEMBER MENU 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
<p><u>BREAKFAST</u> Whole Grain Cereal, Peaches, Milk/Water</p> <p><u>LUNCH</u> Fish Sticks Bake Beans Pineapples Whole Wheat Bread Milk/Water</p> <p><u>SNACKS</u> Graham Crackers, Milk/Water</p>	<p><u>BREAKFAST</u> Whole Grain Oats, Apple Sauce, Milk/Water</p> <p><u>LUNCH</u> Chicken Nuggets Green Beans Pears Whole Wheat Bread Milk/Water</p> <p><u>SNACKS</u> Animal Crackers, Milk/Water</p>	<p><u>BREAKFAST</u> Whole Wheat French Toast, Oranges, Milk/Water</p> <p><u>LUNCH</u> Spaghetti Corn Mixed Fruit Whole Wheat Bread Milk/Water</p> <p><u>SNACKS</u> Cheese Crackers, Milk/Water</p>	<p><u>BREAKFAST</u> Whole Grain Grits, Pears, Milk/Water</p> <p><u>LUNCH</u> Bake Chicken Mixed Veggies Brown Rice Whole Wheat Bread Milk/Water</p> <p><u>SNACKS</u> Yogurt, Milk/Water</p>	<p><u>BREAKFAST</u> Whole Grain Cereal, Tropical Fruit, Milk/Water</p> <p><u>LUNCH</u> Pizza Rolls French Fries Peaches Whole Wheat Bread Milk</p> <p><u>SNACKS</u> Vanilla Wafers, Milk/Water</p>
8	9	10	11	12
<p><u>BREAKFAST</u> Whole Grain Cereal, Oranges, Milk/Water</p> <p><u>LUNCH</u> Chicken Alfredo Green Beans Pears Milk/Water</p> <p><u>SNACKS</u> Animal Crackers Milk/Water</p>	<p><u>BREAKFAST</u> Whole Wheat Toast, Turkey Sausage, Mixed Fruit, Milk/Water</p> <p><u>LUNCH</u> Mac n Cheese Peas & Corn Tropical Fruit Whole Wheat Bread Milk/Water</p> <p><u>SNACKS</u> Graham Crackers Milk/Water</p>	<p><u>BREAKFAST</u> Whole Grain Waffles, Apple Sauce, Milk/Water</p> <p><u>LUNCH</u> Salisbury Steak Mash Potatoes Lima Beans Milk/Water</p> <p><u>SNACKS</u> Cheese Crackers Milk/Water</p>	<p><u>BREAKFAST</u> Whole Wheat French Toast Pineapples, Milk/Water</p> <p><u>LUNCH</u> Baked Chicken Pinto Beans Yams Whole Wheat Bread Apple Sauce Milk/Water</p> <p><u>SNACKS</u> Whole Wheat Tortilla Chips and Salsa Milk/Water</p>	<p><u>BREAKFAST</u> Whole Grain Cereal, Raisins, Milk/Water</p> <p><u>LUNCH</u> Tuna Fish Veggie Chips Tropical Fruit Milk/Water Whole Wheat Bread Milk/Water</p> <p><u>SNACK</u> Veggie Chips, Milk/Water</p>



NOVEMBER MENU 2021

15	16	17	18	19
<p style="text-align: center;"><u>BREAKFAST</u> Whole Grain Cereal, Oranges, Milk/Water</p> <p style="text-align: center;"><u>LUNCH</u> Beef A Roni Corn Peas Whole Wheat Bread Milk/Water</p> <p style="text-align: center;"><u>SNACKS</u> Graham Crackers, Milk/Water</p>	<p style="text-align: center;"><u>BREAKFAST</u> Whole Grain Grits, Peaches, Milk/Water</p> <p style="text-align: center;"><u>LUNCH</u> Chicken Patties Rice Pilaf Apple Sauce Whole Wheat Bread Milk/Water</p> <p style="text-align: center;"><u>SNACKS</u> Wheat crackers Milk/Water</p>	<p style="text-align: center;"><u>BREAKFAST</u> Whole Wheat French Toast, Pears, Milk/Water</p> <p style="text-align: center;"><u>LUNCH</u> Meatballs Bake Beans Oranges Whole Wheat Bread Milk/Water</p> <p style="text-align: center;"><u>SNACKS</u> Cheese Crackers, Milk/Water</p>	<p style="text-align: center;"><u>BREAKFAST</u> Whole Wheat Pancakes, Apple Sauce, Milk/Water</p> <p style="text-align: center;"><u>LUNCH</u> BB Q chicken Brown Rice Pears Whole Wheat Bread Milk/Water</p> <p style="text-align: center;"><u>SNACKS</u> Multigrain Crackers, Milk/Water</p>	<p style="text-align: center;"><u>BREAKFAST</u> Whole Grain Cereal, Mixed Fruit, Milk/Water</p> <p style="text-align: center;"><u>LUNCH</u> Corn Dogs/Chicken Strips French Fries Mixed Fruit Whole Wheat Bread Milk/Water</p> <p style="text-align: center;"><u>SNACKS</u> Animal Crackers, Milk/Water</p>
22	23	24	25	26
<p style="text-align: center;"><u>BREAKFAST</u> Whole Grain Cereal, Peaches, Milk/Water</p> <p style="text-align: center;"><u>LUNCH</u> Chili Mac Green Beans Tropical Fruit Whole Wheat Bread Milk/Water</p> <p style="text-align: center;"><u>SNACKS</u> Cheese Its Milk/Water</p>	<p style="text-align: center;"><u>BREAKFAST</u> Whole Grain Oats, Apple Sauce, Milk/Water</p> <p style="text-align: center;"><u>LUNCH</u> Chicken & Rice Sweet Peas Pineapples Whole Wheat Bread Milk/Water</p> <p style="text-align: center;"><u>SNACKS</u> Animal Crackers, Milk/Water</p>	<p style="text-align: center;"><u>BREAKFAST</u> Whole Wheat Waffles, Pineapple, Milk/Water</p> <p style="text-align: center;"><u>LUNCH</u> Turkey Yams Green Beans Oranges Whole Wheat Bread Milk/Water</p> <p style="text-align: center;"><u>SNACKS</u> Goldfish Crackers, Milk/Water</p>		<p style="font-size: 2em; font-weight: bold;">NO SCHOOL</p>
29	30			
<p style="text-align: center;"><u>BREAKFAST</u> Whole Grain Cereal, Pears, Milk/Water</p> <p style="text-align: center;"><u>LUNCH</u> Chicken Nuggets Corn Peaches Whole Wheat Bun Milk/Water</p> <p style="text-align: center;"><u>SNACKS</u> Whole Wheat Crackers & Cheese</p>	<p style="text-align: center;"><u>BREAKFAST</u> Whole Grain Grits, Apple Sauce, Milk/Water</p> <p style="text-align: center;"><u>LUNCH</u> Tacos and Cheese Kidney Beans Brown Rice Whole Wheat Bread Milk/Water</p> <p style="text-align: center;"><u>SNACKS</u> Granola, Milk/Water</p>			

Menu is subject to change without notice