

Friday Wednesday **Thursday** Tuesday Monday BREAKFAST Whole Gran Cereal, Pineapples, Milk/Water LUNCH Pizza Rolls French Fries Peaches Whole Wheat Bread Milk SNACKS Banana Bread, Milk/Water 8 6 5 BREAKFAST BREAKFAST BREAKFAST BREAKFAST BREAKFAST Whole Grain Cereal, Raisins, Milk Biscuits, Turkey Sausage Whole Grain Waffles Tropical Fruit, Whole Grain Cereal, Pineapples, English Muffin, Peaches, Milk/Water Apple Sauce, Milk LUNCH Milk, LUNCH Milk/Water Fish Sticks LUNCH LUNCH Mac n Cheese LUNCH Baked Chicken Bake Beans Tuna Fish Sandwiches String Beans Spaghetti Pears Pinto Beans Veggie Chips Sweet Peas Oranges Whole Wheat Bread **Brown Rice** Whole Wheat Bread **Tropical Fruit** Apple Sauce Milk/Water Milk/Water Milk/Water Milk/Water Milk/Water SNACKS SNACK **SNACKS** SNACKS **SNACKS** Veggie Chips, Milk/Water Whole Wheat Tortilla Chips and Cheese Crackers Graham Crackers Animal Crackers Salsa Milk/Water Milk/Water Milk/Water Milk/Water 15 13 14 12 11 BREAKFAST BREAKFAST BREAKFAST BREAKFAST BREAKFAST Whole Grain Cereal, Peaches, Whole Wheat French Toast, Whole Grain Grits, Apple Sauce, Whole Wheat Pancakes, Oranges, Whole Grain Cereal, Peaches, Milk/Water Milk/Water Pineapple, Milk/Water Milk/Water Milk/Water LUNCH LUNCH LUNCH LUNCH **LUNCH** Cheese Pizza Meatballs Chicken Alfredo Hamburger Helper Chicken Nuggets French Fries Spinach Broccoli Sweet Peas Lima Beans Pineapples Oranges **Oranges** Apple Sauce Pears Milk/Water Whole Wheat Bread Whole Wheat Rolls Whole Wheat Bread Milk/Water **SNACKS** Milk/Water Milk/Water Milk/Water **SNACKS** Veggie Chips, Milk SNACKS **SNACKS SNACKS** Yogurt Cheese Its, Milk/Water Goldfish Crackers, Milk/Water Animal Crackers, Milk/Water Milk/Water



Friday Wednesday **Thursday** Tuesday Monday 22 21 19 20 18 BREAKFAST Whole Grain Cereal, Sliced Peaches, BREAKFAST BREAKFAST BREAKFAST BREAKFAST Whole Grain Cereal, Raisins, Milk Whole Wheat French Toast, Whole Grain Cereal, Pears, English Muffin, Peaches, Milk/Water Milk/Water LUNCH Pears, Milk/Water **LUNCH** Milk/Water Salisbury Steak & Gravy LUNCH LUNCH Mac n Cheese LUNCH Turkey & Cheese Sandwiches Whole Grain Rice Ravioli Peas & Carrots Chicken Sandwiches Green Beans Veggie Chips Oranges Green Beans French Fries Mixed Fruit Whole Wheat Bread Oranges Whole Wheat Bread Apple Sauce Whole Wheat Bread Whole Wheat Bread Milk/Water Milk/Water Milk/Water Milk/Water Milk/Water **SNACK** SNACKS **SNACKS SNACKS SNACKS** Veggie Chips, Milk/Water Animal Crackers **Graham Crackers** Sliced Apples, Milk/Water Cheese Crackers, Milk/Water Milk/Water Milk/Water 29 27 28 26 25 BREAKFAST BREAKFAST BREAKFAST BREAKFAST **BREAKFAST** Whole Grain Cereal, Pineapple, Whole Grain Grits, Peaches, Whole Wheat French Toast, Whole Grain Waffles Apple Sauce, Whole Grain Cereal, Pears, Milk/Water Milk/Water Milk/Water Milk, Blueberries, Milk/Water LUNCH LUNCH LUNCH LUNCH LUNCH Chicken Tacos **BBQ** Chicken Sloppy Joe Chicken Tenders Fish Sticks Tater Tots Rice Green Beans **Bake Beans** Corn Mixed Fruit Whole Wheat Bread Mash Potatoes Pears Peaches Whole Wheat Bread Whole Wheat Bread Whole Wheat Bread Tropical Fruit Whole Wheat Bun Milk/Water Milk/Water Milk/Water Milk/Water Milk/Water SNACKS **SNACKS SNACKS SNACKS SNACKS** Yogurt, Milk/Water Graham Crackers, Milk/Water Goldfish Crackers, Milk/Water Banana Bread, Milk/Water Kettle Chips, Milk/Water

Menu is subject to change without notice